

# The Sojourner Truth

A NEWSLETTER FOR THE FRIENDS OF SOJOURNER

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## Sojourner's Board of Directors

Deidre Belk  
Mary Carter  
Helen Chargo  
Rita Dornbusch  
Andy Gardner  
Linda Gardner  
Tony Hanlin  
Mike Murphy  
George Singer  
Jeff Smith  
Joan Trowbridge



- *Advocates for victim safety;*
- *Supports the transition from victim to survivor;*
- *Educates for the prevention and elimination of domestic violence.*

## 2018 Annual Summary

In 2019, Sojourner will celebrate 40 years of service to those victimized by domestic violence. We have added to our client base, those victimized by dating violence, sexual assault and elder abuse. Through the years, Sojourner programs and staff have assisted thousands on their journey towards more hopeful and safer lives. The following programs fulfill all aspects of our mission:

- **24/7 Crisis/Help Line** to provide trained immediate response.
- **Sojourner Shelter**, for women and children unsafe in their homes.
- **The Community Legal Advocacy Department** provides legal advocacy, safety assessment and extended planning, personal support, therapy, referral information and court accompaniment for victims.
- **The Community Outreach, Education, and Training Department** develops and presents informational presentations and trainings to raise awareness.
- **The Community Involvement Department** promotes support through volunteer service and internships, in-kind donations, and financial support.

In 2018 Sojourner met and/or exceeded all program objectives:

- The Crisis/Help Line responded to over 2,800 crisis line callers
- Sojourner Shelter provided emergency housing and safety counseling to 422 women and children
- The Community Legal Advocacy Department provided legal advocate support, safety planning and counseling to 884 adults and increased the safety of 332 children
- Community Outreach staff facilitated over 250 information, training, and education/prevention events including 181 SafeU youth presentations with audiences totaling over 9,000
- 97 individual volunteers and 59 volunteer groups provided 8,165 volunteered hours of support

Celebrating 40 years, we remember the courage and determination of our founders, Kitty Alcott and Jenny Arimond, who saw a community problem and found the support and resources to confront it. They laid the foundation for all we do. It is with that same indomitable spirit that we continue their work. To that end, we want to recognize the dedication and outstanding performance of our staff, who work tirelessly on behalf of all those we serve.

We are very grateful for the contributions, hard work and dedication of our Board members, staff, volunteers, interns, donors, friends and supporters. Your contributions and support have made a difference in the lives of so many and have contributed greatly to all that was achieved in 2018. Thank you.

Sincerely,  
Deidre Belk, Board Chair

Helen Chargo, Executive Director

## To Our Volunteers and Donors... Thank You!

We continue to be touched by the generosity, compassion, and support we receive from volunteers and donors. As we celebrate our 40th year, we reflect upon the amount of people who have been involved with Sojourner through-out the years to help provide safety, stability, and comfort in challenging times. Volunteer groups spruce up our spaces, cook impressive well thought-out meals, and prepare mailings. Individual volunteers answer the crisis line, provide childcare, respond to victims on weekends, and assist advocates in daily shelter tasks. We are

also fortunate for the volunteers that provide practical tools and support for our clients in the Life Skills group and for those who bring in therapy dogs to deliver comfort and joy. Lastly, we are immensely grateful for donors who contribute financially. These donations continue to support hundreds of victims on the journey from fear to hope and ultimately to a life that is safe, stable, and peaceful. Thank you for all you do for Sojourner to increase safety for individuals, families, and communities!

## Thank You to All Our 2018 Donors

### INDIVIDUALS

Acton, Beatrice	Brooks, Rhoda	Dornbusch, Andrew	Green, Stacey
Agnew, Katie	Brown, Lindsay	Dornbusch, Rita	Greer, Annette
Albrecht, Susan	Browne, Sarah	Dragsten, Susan	Grevenow, Dana & Michael
Alou, Gal	Bryant, Linda	Duffie, Jacquelyn	Grieger, Troy
Anfinson, Krissandra	Buesgens, Carol	Dvorak, Sue	Guadarrama, Uriel
B KNOWLES	Byrne, Raymond	Eide, Patricia & Duane	Gustafson, Dan & Jill
Baldwin, Catherine	Caffee, Garrett	Eidem, Marilyn	Hagen, Debbie
Becker, Tracy	Carlson, Bjorn	Ekotto, Sean	Haley, Finn
Belew, Barbara	Carter, William	Elconin, Pam	Hallaway, Richard
Belk, Deidre	Caruso, Raymond	Eliis, Suzanne	Hanlin, Tony & Kathleen
Bender-Resnick, Carole & Thomas Resnick	Chargo, Helen	Emberley, Eileen	Hanson, Debbie
Berger, Larry	Cherryhomes, David	Eng, Denise & Wes Bue	Hanson, Debra
Bergerson, Annelie	Christensen, Gaye	Erbisch, Paula	Harris, Amy
Berghorst, Sabrinna	Chu, Kim	Erickson, Karen	Hartje, Joyce
Berry, J P	Clark, Mary C.	Erickson, Lorraine	Harvey, Janine
Beson Family: Dave, Andrew (Drew) & Adam	Clark, William	Erickson, Muriel	Haselow, Robert
Besonen, Jim & Stephanie	Clements, Carolyn	Falk, Jessica	Hector, Monica
Bierbaun, Tiffany	Cobbs, Heather	Fallat, Judy & Bob	Heiland, Marie & William
Bierma, Shirley	Cohen, Carolee	Faricy, Raymond	Heinonen, Olle & Leslie McDonald
Birkle, Hollie	Cohen, Niki	Farmer, Shay	Henderson, Joyce
Blanco, Monica	Comstock, David	Farrell, Lynne	Henneman, Susan & Eddy
Blonigen, Ellen	Corniea, Barbara	Ferrotto, Susan	Hohman, Tess
Bochnak, Muriel	Corson, Judith	Ford, Cheryl & James	Holste, Margaret & David
Bogandy, Michele Ann	Coyle, Loa Ann	Fronheisher, Martha	Holte, Tracee
Boiarsky, Lynne	Crabb, Anna & Brian	Furlich, Stephan	Hong, Kathryn
Booth, Maureen	Criswell, Jackie	Gardner, Linda	Houghton, Ellen
Bottrell, Joe and Jena	Dahlgren, Louise	Garvis, Marlene S	Hoo, David & Jo
Brady, Karen	De Baut, Elizabeth	Gilbert, Janet	Houghton, Ellen
Bredeson, Linda	Decker, David J. & Carlstrom, Jane	Goedderz, Dorlyn	Howard, Shannon
Brice, Thomas	Dewey, Mary	Gordon, Janice & Gerry	Hower, Beth and George
	Dexter, Patricia	Goset, Janet	Hughes, Jocelyn
	Diaz, Cynthia	Goulin, Judith	Huttner, LeAnne
	Donovan, Gail	Graves, Gina	Isaak, Patricia & Vernon

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Jensen, Cristy	Merchant, Suzanne	Rhein, Nancy & Kevin	Uhler, Steve and Lisa
Johanna, Eirika	Meyer, D	Ricketts, Ann & James	Umbehocker, Paula
Johnson, Shauna	Mickelberg, Sue	Riet, Dustin	Valentine, Diana
Judd, Thomas	Miller, Bernika	Riordan, Jill	Van Der Voorn, Nancy
Justus, James & Martha	Miller, Jeff and Jackie	Roberts, Sherre	Van Wyhe, Betsy
Keene, Courtney	Milynarczyk, Jan	Robideau, Karen	Viger, Kristin
Keiser, Margaret	Mjaanes, Reuben	Roesler, Deb	Vincent, Deb
Kennedy-Dooley, Susan & Mike	Montgomery, Beverly	Romportl, Charles & Mary	Wagner, Ina
Kincaid, Robyn A.	Mooers, Geraldine	Rosengren, Rosemary Moneta	Wagy, David
Kirihara, Terry & Cecelia	Moravetz, Kristen	Rushdy, Renee	Wahl, Joe & Dianne
Klasen, Kathleen	Morrison Hubbell, Marjo	Rust, Paul	Weier, Joe & Shelley
Koehl, Gloria	Mortensen, Tim	Sarp, Tammy	Weiser, Colette
Kolb, Fred	Moua, Christina	Scharenbroich, Mark & Susan	Welch, Bob & Cheryl
Konigson, Joan	Mueller, Jean	Schrunk, Jason	Welna, Sue and Jim
Krinn, Douglas & Connie	Munoz, Megan	Schrunk, Suzanne	Wenberg, Barb
Kuzara, Patricia	Murphy, Mike	Schumacher, Clark	Wentworth, Betty
La Tour, Nancy	Myers, Judith	Schwanke, Marcia	Werden, Denise & David
Labrecque, Janet	Needham, Penelope	Schwanke, Tom and Colleen	Westphal, Emily
Lachinsky, Sheryll	Nelson, Gerald	Schwitzer, W.D.	Whitmarsh, Laurie
Lacy, Claudia	Neubauer, Sullivan	Sebenaler, Jeff	Will, Deb
Lambert, Dennis	Niedermaier, Erin	Segal, Millie	Williams, Dan
Landkamer, Nathan	Norback, David	Severson, Cori	Wilson, Byron
Lapic, Kathy	Nord, John	Sherman, Morris M & Judith Silk	Winnick, Kathy
Lapic, Michael & Katherine	Nordberg, Arlene	Shockley, Janet	Winter-Strom, Kelli
Larson, Ginny	Nystuen, Arlene	Silverwater, Beth & Norman Greenberg	Woellner, Judy
Latterner, Laina	Obremski, Angela Fischer	Skapyak, Suzanne	Wolak, Daniel
Latvala, Pat	O'Connor-Keller, Emer	Smith, Harriet	Wolf, Stephanie & James Burrows
Leighton, Diane	Ogden, Elinor	Smith, Krista	Wolff, Betsy
Leising, Dick & Lynnette	Ogren, Chelsea	Sobotta, Dawn & David	Wolff, Karol & James
LeJeune, Jean & Laurence	Olsen, Morgan	Sonderup, Kate	Wujek, Karen
Lester, Kristie	Ostrov, Marjorie & Dr. Charles	Soules, William	Yaeger-Bluma, Jessica
Levey, Dan	Oys, Patricia	Spottke, Gretchen	Yarroll, Marie and Doug
Levy, Patricia	Paeper, David & Cindy	Steen-Hinderlie, Diane	Yearous, Linda
Liedl, Jenna	Palmer, Arlene	Stenberg, Melissa	Yudeshwar, Anjelina
Line, Ben and Missy	Pastoret, Ralph	Stepchuk, Anne & Bohdan	Yussen, David & Christine
Linn, Rebecca	Pearson, Ann	Steuftel, Karla	Yussen, Suzann & Steve
Lockner, Seth	Penning, Laurie	Sticha, Mary	Zanghi, Alexis
Lokar, Paul	Perez, Jennifer	Stoffel, Kris	Zimmerman, Jane
Longval, Lesley & Brent	Perkins, Diane	Stonich, Mark	Zupnik, Marilyn
Lunde, Eric & Barbara	Peterson, Kathryn	Strand, Mary & Thomas Fraser	
Lundgren, Rody	Pickard, Kathy & Al	Strohmaier, Shelley	
Luther, Deborah	Plombon, Thomas & Michelle	Sullivan, Kathy	
Macneale, Margaret	Pratt, Linda	Swensen, Patricia	
Mahigan, Kathryn	Racek, Sandra	Syverson, Wesley & Pamela	
March, Ben	Ranallo, April	Tackett, Jacob	
Marques, Heidi	Randall, Barb	Tessmer, Nancy	
Marston, Greta	Rasch, Colette	Thorpe, Tim & Diane	
Martinson, Carrie	Rathff, Sue	Timian, Sylvia	
Massingill, Jen	Redling, Debbie	Timmers, Cathryn	
McCauley, Mary	Reed, Kimberly	Trick, Bill	
McDermott, Rob	Reis, John & Barbara		

## **BUSINESSES**

10th & Main Nutrition  
 4-H Youth Development  
 Adath Jeshurun Congregation  
 Allina Health Pharmacy  
 Amazon Smile  
 Ameriprise Financial  
 Aspiring Women's  
 Ballard Spahr LLP  
 Bank Of America  
 Bethlehem Lutheran Church

# Thank You to All Our 2018 Donors Cont'd

Bobby and Steve's  
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Cross View Lutheran Quilters  
Excelsior Covenant Church  
Excelsior United Methodist Women  
Family Of Christ Lutheran Church  
General Mills  
Gethsemane Lutheran Church  
Giving, Bluestone  
Good Shepherd Lutheran Church  
Hallau Shoots  
Hopkins Youth Hockey Assn.  
Hugs From Hunter  
Kinect Energy  
Knollwood Denistry  
Law Advocates Of Hennepin County  
Macy's

Medtronic  
MetLife  
Metro Sales Inc.  
Minnetonka United Methodist Church  
Optimist Club of Glen Lake  
Papa Murphy's- St.Louis Park  
Pearson  
PEO Chapter CT  
Physician, Bluestone  
Piper Jaffray Philanthropic Programs  
PJP  
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Thompson Reuters  
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UnitedHealth Group  
UnitedHealthcare Children's Foundation  
Viking Electric Supply

Waytonka  
Wayzata Rotary Club  
WEM  
Westwood Lutheran Church  
Women Initiating Change  
Zion Lutheran Church Of Hopkins

## **CIVIC ORGANIZATIONS & FAITH GROUPS**

The Beverly Foundation  
Edina Realty Foundation  
Fingerhut Family Foundation  
Frog Crossing Foundation  
Golden Valley Foundation  
Harry L. & Janet M. Kitselman Foundation  
Hennepin County Bar Foundation  
Open Your Heart To The Hungry and Homeless  
Otto Bremer Foundation  
Richard M. Schultze Foundation  
Riverway Foundation  
Ronald Fingerhut Family Foundation  
SpartanNash Foundation  
Tankenoff Families Foundation  
Turner Family Foundation

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## Community Legal Advocacy Department Services: Advocate Intervention

Sojourner's history and reputation as a shelter for victims of domestic violence is well established. From its inception, shelter from domestic abuse was considered a critical service, providing safety, information and support. But lifesaving as shelter is, refuge in shelter is a temporary solution to abuse and the necessity of leaving home is not always possible.

Sojourner's Community Legal Advocacy Department utilizes legal advocate knowledge and skills to help victims increase their ability to be safe in their homes. Legal advocates assist victims to obtain protective orders, navigate the complexities the Family Court system, establish therapeutic support, develop safety planning and access community resources. Domestic violence is a crime, and

in Criminal Courts, advocates facilitate victim's contacts with law enforcement, prosecutors and the court process, keeping victim safety a concern and priority. In juvenile courts, advocates can help coordinate CPS (Child Protection Services) and the Juvenile Justice system's involvement to stabilize families and protect children. Domestic abuse can happen to anyone, including men; legal advocacy can be accessed by anyone, regardless of gender.

Domestic abuse can happen to anyone regardless of age as well, and elder abuse has received extra attention in advocacy outreach to seniors in our service areas, by Sojourner. Victims of elder abuse most often experience harm, neglect or exploitation at the hands of family members or

their household caregivers. Due to isolation, shame and loyalty, elderly victims often chose not to report the abuse. Partnering with police and raising awareness in the community of this issue has resulted in help being more accessible to victims who formerly went unserved and addressed a problem that went unnoticed.

Each year, Sojourner's Community Legal Advocacy Department serves between 850-925 people and increases the safety of hundreds of their children. Sojourner's Community Legal Advocacy Department services are free, confidential and available 24/7 through our crisis line number, 952.933.7422. Everyone deserves to be safe in their own home.

# Lending a Helping Hand (or Paw)



*Above: Ginger and her fellow therapy dog visitors bring joy to shelter residents.*



*Above: JCI Hopkins sponsored Sojourner at the recent Intergenerational Service Fair by purchasing and putting together towel bags for clients.*



*Above: Designed by MSW intern Katie and a team of volunteers, this art welcomes shelter residents when they arrive!*



*Left: Kappa Delta volunteer group helped stuff envelopes and mail our newsletters to supporters.*

## Thank You to Our Law Enforcement Partners

The role of police in cases of domestic violence and abuse is very important. Most often police are the first responders to a domestic incident and they take the time to calm and refer the victim to Sojourner for further support and information. Police referrals to Sojourner help victims understand that they are not alone and that there is free, confidential assistance to help them learn about their rights and options for increased safety.

In the past two years, we have been so grateful to partner with police in cases where early intervention may inhibit the escalation of violence. Working with law enforcement departments in our service area, we are able to increase the safety of those experiencing domestic violence and as a result, increase the safety of our communities.

Thank you again to our hard-working law enforcement partners. We continue to appreciate their ongoing support of Sojourner and those we serve.



*Remember to follow us on Facebook!  
Type in the link below to go directly to our page:  
[Facebook.com/sojournerproject1](https://www.facebook.com/sojournerproject1)*



*Check out our Amazon Wishlist which is updated regularly! Needed items are shipped directly to Sojourner! Log-in to Amazon, click on "find a list or registry" and type in "Sojourner Project"....our list will pop right up! We appreciate the support!*



P.O. Box 272, Hopkins, MN 55343  
 952-933-7433  
 24-Hour Crisis Line: 952-933-7422  
 www.sojournerproject.org

RETURN SERVICE REQUESTED

Nonprofit Org.  
 U.S. Postage  
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 Hopkins, MN 55343



If you would like to receive future newsletters and communications by email or if you would like to be removed from our mailing list, please contact the Program Support Coordinator at 952-351-4062.

## 2018 Financial Report

### 2018 Statement of Functional Expenses

Shelter	\$695,143
Community Services	\$323,763
Education & Outreach	\$51,426
Administration	\$82,712
Fundraising & Marketing	\$34,562
<b>TOTAL</b>	<b>\$1,187,606</b>

### 2018 Balance Sheet

#### ASSETS

Current Assets	\$1,437,408
Fixed Assets	\$3,227,825
Accumulated Depreciation	-\$1,264,038
<b>TOTAL ASSETS</b>	<b>\$3,401,195</b>

#### LIABILITIES & EQUITY

Current Liabilities	\$42,709
Long Term Liabilities	\$804,307 *
<b>Total Liabilities</b>	<b>\$847,016</b>
Equity	\$2,554,179
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>\$3,401,195</b>

\* \$301,695 of Long Term Liabilities is forgiveable loans

### 2018 Income & Expense Statement

#### INCOME

<b>GRANT/CONTRACT REVENUE</b>	
Contracts	\$905,066
Foundations	\$154,075 **
Contributions	\$64,958
Other	\$99,773 *
<b>TOTAL REVENUE</b>	<b>\$1,177,786</b>

#### EXPENSES

Occupancy & Business Expense	\$113,947
Program Expense	\$973,750
Depreciation	\$99,909
<b>TOTAL EXPENSES</b>	<b>\$1,187,606</b>
<b>Total 2018 Profit or Loss</b>	<b>-\$9,820</b>

\* \$46,086 of Other Income is loan forgiveness on the forgiveable loans.

\*\*\$31,075 of Foundation income is restricted for use in 2019.