FAQs for Internships at Sojourner

Who can apply?
All applicants must be at least 19 years old and have completed one year of college. Preference is given to students in their Junior or Senior year. We offer both undergraduate and graduate level internships. Graduate level interns typically complete a full year internship. All qualified applicants will receive consideration for the internship without regard to race, religion, sex, sexual orientation, gender identity, national origin, disability status, protected veteran status, or any other characteristic protected by law. Only those who identify as women will be considered for our shelter based internship.

When can I apply?
Applications are accepted on a rolling basis. We have three internship seasons, Fall, Spring and Summer.

Do I need to have any previous experience?
Sojourner will train and equip all interns to be successful in their position including a full day training, shadowing and mentorship by staff. However, experience volunteering, interning or working in education, human or social services is helpful. See internship descriptions for more specific requirements.

What does the application process look like?
Please fill out our application online or download it and mail to Sojourner, PO BOX 272 Hopkins 55343. Please also send resume and cover letter to info@sojournerproject.org. Sojourner staff will contact you to set up an in person interview. Skype interviews are possible in select instances. All interns will need to pass a background check.

When does the internship start/end?
Internships are offered based around the students school semester, during the summer or for a full school year. Interns must be available for a minimum of 15 hours per week, for a minimum of 12 weeks.

Is there compensation for interns?
Sojourner is not currently able to provide a stipend. However, we will work with your school to fulfill any school credit requirements.

Where does the internship take place?
Interns work either in our shelter or community legal advocacy office both of which are located in the Hopkins/Minnetonka area. Depending on the internship, interns may also be in court, schools or out in the community.

Do I need a car for this internship?
Interns are asked to provide their own transportation to commute to and from Sojourner and other sites as needed. Unfortunately, Sojourner is not easily accessible via public transportation.

What does a typical day look like?
Please request intern job descriptions for specific tasks and responsibilities. Depending on the position, interns may be at Sojourner Shelter, Community Legal Advocacy or Community Outreach and Education.

What if I have a scheduling issue?
Sojourner asks that interns commit to 15 hours per week minimum. If applicants cannot commit to the minimum service of 15 hours per week for a minimum of 12 weeks, they should wait for another semester to apply. If interns have a conflict they are aware of beforehand, please communicate it to staff. We understand that emergencies and sick days happen, and simply ask that they are communicated to us as soon as possible.